

**Come See!**  
**Our Exciting Changes**

# Waters Edge Lodge Open House Brunch

## Learn About

- Leisure Living
- AEC HomeCare
- Spa Services
- New! Theater Room
- New! Beauty/Barber Shop
- New! Massage Room
- New! Hospice Wing
- Wellness Classes
- Open to Community Exercise Classes
- Parkinson's Program
- Lodge Art Gallery
- Re-Fit, Surgery Rehab
- AES Therapy & Fitness

Coming Soon~

Resident Family Dining Room,  
and more plans in the making

**Saturday, February 24th**  
**9:30 am to 11:30 am**

Live Music

Delicious Heart Healthy Brunch

Tours of all the New renovations

Presentations

American Heart Month ♥

Senior Bootcamp

Laughter Yoga

Silver Symposium Program

Train Your Brain

Get Balanced!



Heart Healthy Cooking Demo!

Celebrity Chef Nikki Shaw

*The Lodge is 28 years young. We have been under renovation for over a year with new flooring, and more.*

*And though, we have more to do, to make it just that more pleasant to retire to The Waters Edge Lodge it is*

***Time to celebrate our exciting changes!***

*Please call 510-748-4300 to RSVP or schedule an alternate day to tour*

**AEC**  
**LIVING**

The Waters Edge Lodge

801 Island Drive, Alameda 94502

510-748-4300

[www.AECLiving.com](http://www.AECLiving.com)

RCFE# 011440777

